

## A Fresh Page in Your Journal

One thing I love about this time of year is the fact that things are drawing to a close and we are turning the page to a new year.

I see New Years as a fresh start - like a blank page in my journal! Every page of my new year is waiting to be written on.



***Will it be interesting and exciting, filled with new discoveries and opportunities?***

***Will it be introspective, with deeper personal awareness and growth?***

***Will it bring deeper friendships and more meaning to all areas of my life, as I find more ways to be a blessing?***

It is up to me what I decide to write with my life. I have a choice every day along the way. It all depends on the perspective I choose to hold.

*Will I let God remain in control (be the Lord of my life) and look to him for guidance? Or will I usurp the throne by letting my emotions and moods control my thoughts and actions?*

No matter how you fall short of your hopes and dreams today, every day is a fresh start with God. So you don't even have to wait for the new year to begin to live the life you really desire!

By the way, if you'd like to **start keeping a journal**, I designed a nice one to get you started, with a cover picture of one of my oil paintings: **Tuscan Country Road**. I figured a picture of a road open to new possibilities and adventures was a great symbol for writing about your new life journeys to come!

[Click here to see the Journal](#)

Or visit [www.CafePress.com/InspirShop](http://www.CafePress.com/InspirShop)

*(They make great gifts too!)*